BRAIN DRAIN SPAIN
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Aim

Survey psychiatry trainees in Europe concerning opinions and experience towards:

- Mobility (decisions for short-term experiences)
  - identify the impact of previous international experiences on migration
- Migration (decisions for long-term migratory experiences)
  - characteristics (among different countries’ backgrounds)
  - patterns (host and donor countries)
  - reasons (push and pull factors)
- Possibilities
  - Attractive job
  - To be improved in psychiatry

Methodology

- Study design
  - cross-sectional
- Sampling
  - National Coordinator
    - online link or hard-copy questionnaires
    - English or translation
  - respondents
    - psychiatry trainees undertaking the training in the EFPT countries
    - data collection
    - during 2013 and 2014
- Statistical analysis
  - SPSS

Study instruments

1) Protocol of the project
2) Questionnaire redesigned specifically for the purpose of this research
   0 - informed consent
   I - Demographics
   II - Mobility
   IV - Possibilities
   of migration/re-migration
   features that make a job attractive
   V - Identification
   VI - Optional
3) Brain Drain Toolkit with Frequently Asked Questions (FAQ)
What type of psychiatry trainee are you currently?

- Adult: 90.00%
- Child and adolescent: 0.00%
- Other: 0.00%

What is your nationality?

- Spain: 80.00%
- Other: 20.00%

Have you ever lived abroad for a period of at least 3 months but less than 1 year?

- Yes: 55.00%
- No: 45.00%

Have you ever migrated to another country more than one year?

- Yes: 90.00%
- No: 10.00%
Association between previous mobility (3 months to 1 year) with future migration (more than 1 year)

How much do you get paid per month as a psychiatry trainee?

How satisfied are you with your income?

Have you ever considered leaving the country you currently live in? (*satisfaction)
Have you ever considered leaving the country? (*income)

Discussion

- Need more results
- Comparing to Europe:
  - Almost 70% have ever considered leaving the country (in Spain almost 80%)
  - The most % income 250-499€ (17%) and 1500-1999€ (17%) (in Spain almost 50% 1500-1999€)
  - Only 27% satisfied with income (in Spain 47% satisfied)

Madrid, 24th April 2014